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# NEWFOUNDLAND FROM COAST TO COAST

Newfoundland is known for its natural beauty and its people. Join Wellness Travel Specialist Mona Leedale to experience its natural beauty and its people, stunning coastlines and landscapes. Enjoy some Yoga, Pilates, stretch breaks along the way! The way of life in Newfoundland is a little different. They take what each day has to offer, and they don't wait for a reason to celebrate! That is why you will find them dancing and singing any night of the week, at a Kitchen Party, or on the Shore, and don't be surprised if they ask you to JOIN!! Some highlights from coast to coast: Gros Morne National Park, a visit to the Viking Settlements in L'Anse aux Meadows, and the unique geographical formations of the Viking Trail, the Twillingate coastline and of course St. Johns providing you a great opportunity to enjoy the culture, ecology, food and heritage of this unique province. Come and experience it yourself. Please contact Mona if you have any questions: mona@travelsavvytours.com 519-583-3107

"Land Only" based on double occupancy: \$4,950 (CAD) per person plus HST Single room supplement: \$905.00 Plus HST

#### ITINERARY:

## Day 1 – Monday, August 21:

Arrive in St. John's, Newfoundland where you will be greeted by your "Local" tour guide who will provide a warm welcome, baggage service and an expert and entertaining interpretation on the short drive to your downtown hotel. Early arrivals will appreciate an opportunity to explore the many boutiques, galleries and historic attractions found within easy walking distance of the hotel. Tonight we will enjoy a welcome reception, meet your fellow travelers and learn more about the adventure ahead. Overnight St. John's. Welcome Reception.

## Day 2 – Tuesday, August 22:

This morning we will tour historic St. John's, the oldest city in North America. This trip includes a visit to Cabot Tower and Signal Hill where we can view the famous "Narrows" and admire the architecture of old St. Jon's. We also visit the National Park at Cape Spear, the most easterly point of land in North America. Explore the bunkers built by Canadian soldiers in the side of the cliffs during the Second World War. Then we travel to the historic Irish outport, Bay Bulls. Here we take a boat ride out to the Witless Bay Ecological Reserve Bird Islands, home to thousands of Atlantic Puffins, Murres and Kittiwakes in the spring and summer. We will also be looking for whales, which frequent this bay in the summer months.

Overnight St. John's. Breakfast & Midday Meal

## Day 3 – Wednesday, August 23:

Today we will go "around the bay" and enjoy the picturesque coastline of Conception Bay and its many stories of Canadian Invasions, famous pirates and World War lore. We'll make lots of photo stops and enjoy a lovely morning stroll through the town of Brigus, an historic sailing port from which Captain Bob Bartlett made the first voyage to the North Pole with William Perry. Overnight Trinity/Clarenville. Breakfast, Midday & Dinner

## Day 4 – Thursday, August 24:

Bonavista was the landfall of John Cabot, who exclaimed "Buenavista" upon his first view in 1497. This proved a most significant world event, as the island's rich cod stocks would represent a 500 year supply of protein for all the world to avail. The town has restored much of its historic properties, including the 'Ryan Premises' which serves as a brilliant interpretive site for our inshore fishery. We'll walk the cliffs at Cape Bonavista, the "Dungeons", and the 'Root Cellar Capital of the World'. After lunch we'll explore the south side of Bonavista Bay and the many unique photos we'll capture along the way. We will head to Trinity in the afternoon, visiting the many shops and galleries that feature wonderful displays of local arts and handiwork. Overnight Trinity/Clarenville. Breakfast & Midday Meal.

## Day 5 – Friday, August 25:

We'll wind our way around the beautiful coastline of Terra Nova National Park this morning with stops at the Marine Interpretation Center as well as the historic fishing village of Salvage. Following a delightful seaside lunch we'll continue our westward journey to visit the town of Gander, with its aviation museum and the architecturally significant Airport that once greeted guests from all over during an era when it was known as the 'Crossroads of the World'. Overnight Gander. Breakfast, Midday Meal & Dinner

## <u>Day 6 – Saturday, August 26</u>:

This morning we head 'Down North' on the "Road to the Isles", before travelling across "Tickles and Runs" to spend time on beautiful Twillingate Island. We'll start the morning with a visit to the Beothuck Centre in Boyd's Cove where we learn about the native groups that once occupied Newfoundland. Then its off to one of Newfoundland's oldest and most interesting fishing communities where we'll visit the lighthouse at Crow Head, the Auk Island Winery for a sample of their wares and spend some time shopping or browsing the many interesting historic properties for which the area is so famous.

Overnight Gander. Breakfast & Midday Meal

## Day 7 – Sunday, August 27:

This morning we take a leisurely trip to the central Newfoundland logging town of Grand Falls Windsor. Here we visit the Exploits River to watch the Atlantic Salmon make their way up one of the fishways on this massive river system. Later we'll continue to the beautiful town of King's

Point for a lovely seaside lunch with plenty of time to visit the whaling interpretation and a local pottery studio before we continue to Gros Morne National Park for the next two nights. Overnight Rocky Harbour/Cow Head. Breakfast & Midday Meal.

## Day 8 – Monday, August 28:

This day's adventure is dedicated to Gros Morne National Park & UNESCO World Heritage Site; starting with an interpretive boat tour across the gentle waters of beautiful Bonne Bay. In Woody Point we'll visit the park's new Discovery Centre and view the famous Tableland Mountains. It is this area that earned the park its nickname as the 'Galapagos of Plate Tectonics'. Overnight Rocky Harbour/Cow Head. Breakfast & Midday Meal.

## Day 9 – Tuesday, August 29:

This morning we will travel along the 'Viking Trail' to experience some of the most spectacular coastline in North America. We will enjoy many wonderful stops including the National Historic Park at Port au Choix, which interprets the intriguing history and lifestyle of the Maritime Archaic people who lived here over 3000 years ago.

Overnight Plum Point/St. Anthony. Breakfast, Midday Meal & Dinner.

## Day 10 – Wednesday, August 30:

Today we spend time in St. Anthony, the home of the famous medical missionary, Sir Wilfred Grenfell, who brought modern medicine to northern Newfoundland and the remote communities of coastal Labrador. The highlight of this day is our visit to the UNESCO World Heritage site at L'Anse aux Meadows, home of Lief the Lucky and the Norse people who settled this area as early as the year 1000 A.D.

Overnight Plum Point/St. Anthony. Breakfast & Midday Meal.

## Day 11 – Thursday, August 31:

Today we will make our way back down the Great Northern Peninsula to explore the rugged coastline with stops to visit The Arches and enjoy an interpretation of the many unique and wonderful geological formations for which Newfoundland is so famous. This evening we share our farewell dinner.

Overnight Deer Lake. Breakfast, Midday Meal & Dinner

## Day 12 – Friday, September 1:

All good things must come to an end and so we bid a fond farewell to our newest yet oldest Province. As you fly homeward it will be with many delightful memories of an authentic Newfoundland educational experience that will be recalled for years to come. Breakfast & Transfer to Deer Lake Airport.

Land only" tour price based on double occupancy: \$4,950 (CAD) plus HST
-- Single room supplement: \$905.00 plus HST

*Included in the tour price are:* 

11 nights accommodation with private bath and/or shower Baggage Handling of one suitcase per person Sightseeing in Gros Morne Park Visit to Sir Wilfred Grenfell Mission Tour to L'Anse Aux Meadows Boat Tour on Bonne Bay (weather permitting)

Excursions to Twillingate, Trinity and Bonavista
Visit to the Ryan Premises
Tour of Historic St. John's
Whale/Puffin Boat Tour (weather permitting)
Entrance Fees to Provincial and National Historic Sites included in the itinerary
Eleven Breakfasts
Nine Midday Meals
Four Dinners
Ground Transportation

## Not included are:

- All items of a personal nature;
- Beverages with dinners, and meals other than those outlined above;
- Travel Insurance, available upon request.

#### **TERMS & CONDITIONS**

#### RESERVATIONS AND DEPOSITS:

Reservations should be made as early as possible to ensure the departure of your choice. A deposit of \$750.00 required at the time of registration. Your reservation is confirmed upon receipt of your deposit and registration form. No reservations will be accepted without a signed registration form.

#### REFUND OF UNUSED ARRANGEMENTS:

Because the rates of Pauwels Travel Bureau Ltd. are based on group participation, no refund can be made for any tour accommodation or tour service or tour feature not taken. If cancellation occurs while the tour is in progress, no refund can be made for the tour portion not taken. We strongly suggest that to allow for any unexpected contingencies, you purchase the all-inclusive insurance.

#### CANCELLATION POLICY:

Refund of deposit is made if cancellation is received in writing by Pauwels Travel Bureau Ltd. more than 90 days prior of the departure date of the tour less a \$500.00 non-refundable administrative fee per person. For cancellation received in writing 90 days prior or less the following cancellation charges apply:

90 days to 61 days before departure: 25% of tour cost 60 to 31 days before departure: 50% of tour cost Within 30 days prior to departure: 100% of tour cost

## **RESPONSIBILITY:**

The acceptance of the initial service to be provided under the tour shall be considered an acceptance by the tour member of those conditions. We also reserve the right to decline, to accept or retain any person as a member of the tour. We reserve the right without notice, to withdraw any part or all of the tour. Factors such as airline schedule changes, hotel overbookings, inclement weather, travel warnings by the Canadian Government etc. may necessitate changes in the itinerary. There may also be other circumstances in which changes become necessary or advisable.

By commencing the tour, I agree to the release and agreement as included below.

#### **RELEASE & AGREEMENT:**

By placing my deposit and commencing the tour I understand and agree to the following:

- 1. That all tours are delivered in conjunction with other service providers, including but not limited to travel agent and booking services, airlines, hotel and accommodation providers, transportation providers including but not limited to coach, train and ferry services, restaurant providers, and local guides. We shall not be held responsible for the failure by any person or company to render any transportation, lodging or other travel service to be provided on the tour. All hotels, transportation and other travel services are provided subject to all the terms and conditions under which they are offered to the public generally.
- 2. I know that tour programs include walking, and may including hiking and fitness programs that have potential hazardous activities associated with them. I should not participate prior to approval by my physician. I assume any and all other risks associated with these events included but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity.
- 3. To release, indemnify and hold harmless Pauwels Travel Bureau and their affiliates (which term shall include parents, subsidiaries, officers, directors, shareholders, agents and employees of Pauwels Travel Bureau as well as Pauwels Travel themselves) (the "Released Parties") from, and agree not to sue the Released Parties for, any claims that I may have arising from, or in connection with, any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from any cause whatsoever related in any way to my participation in this tour. Without limiting the generality of the foregoing, I release, indemnify and hold harmless the Released Parties from, and agree not to sue them for any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from the Released Parties' negligence other than from intentional or reckless acts by such parties. I further agree to release, indemnify and hold harmless the Released Parties from any and all acts of God, war (whether declared or undeclared), terrorist activities, incidents of politically motivated violence, illness or quarantine, strikes or government restrictions or the acts or omissions of any other agents over which the Released Parties have no direct or indirect control, including, without limitation, airlines, railways, bus companies, hotels, shipping companies, guides and sub-contracted agents or tour operators. This release also includes activities not offered that may be considered risky. I further release any Tour Directors, bus drivers or other individuals involved in my tour.

- 4. That the air carrier's liability for loss of or damage to baggage or property, or for death or injury to person, is limited by their tariffs, or the Warsaw Convention, or both.
- 5. That Pauwels Travel Bureau shall have no liability or responsibility for me when I am absent from activities, such as visits to friends or relatives or during stay-ahead/stay-behind option periods if the stay-ahead/stay-behind period does not include the services of a Tour Director.
- 6. To abide by directions of my Tour Director or other leadership personnel during my tour. Failure to do so may result in my termination from tour immediately. I understand that to disobey such rules or directions are to waive the right to any refund, and that I may be sent home at my own expense. The participant and family undertake full financial responsibility for any damage caused by the participant and agree to pay his/her return home on the first available flight, should his/her behavior be deemed detrimental to the welfare of the group.
- 7. To abide by all local laws when in Canada and abroad, including those concerning drugs and alcohol. (Minors must have parents' permission to use alcohol even if the local law would otherwise permit them to.) I understand that if I abuse or disobey such laws, even unintentionally, I waive my right to a refund, and Pauwels Travel may send me home at my own expense. I also understand that should local authorities be involved, I will be subject to the laws of the country I am visiting.
- 8. That if I become ill or incapacitated, Pauwels Travel and its employees, or a designated chaperone may take any action they deem necessary for my safety and well-being, including securing medical treatment (at my own expense) and transporting me home. In the event of a medical emergency, Pauwels Travel will attempt to cause appropriate treatment to be administered, and the traveller authorizes Pauwels Travel to do so. Pauwels Travel, however, makes no warranty that it will be able to cause effective (or any) emergency treatment to be administered.
- 9. That Pauwels Travel may use any film likenesses taken of me and any of my comments while on a tour for future publication and also use my contact information for future Pauwels Travel communications.

## A WORD ABOUT GROUP AIRFARES:

Please note that when booking one of our air inclusive tours, Pauwels Travel has negotiated reduced rates with the airline that we are able to confirm and lock in up to 359 days before travel. While it is wonderful to share the savings and flexibility this provides with you, our valued guests, the privilege does come with some restrictions. In some cases it may not be possible to collect frequent flyer miles, you may not be able to check in online 24 hours before travel, or you may need to try checking in with your ticket number rather than your booking reference and, in almost ALL cases we are not able to offer advanced seat selection. It is the airline that makes the reservation and has control over the booking so it is their policy, not ours, that prevents us from assigning specific seats. If a request is made, it is passed on to the airline by our staff when they submit the names to the airline, i.e., 30-60 days prior to departure. Calling us several days before you leave will not change this fact nor will getting upset with our staff. If a certain type of seat is indispensable to you, we suggest that you book our tour on a "land only" basis and make individual flight arrangements, in which case you may be able to get the seat of your choice; Pauwels Travel would be happy to assist you with that reservation at absolutely no additional charge. We will offer you the best fare available, but please note that this can only be done once a tour is a guaranteed departure because your individual airfare's conditions are likely to involve cancellation penalties.

We thank you in advance for your kind understanding of the above!

Please book	seat(s) on th		ATION FOR		to September 1, 2023
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Enclosed is my/our	deposit of		(\$750 per p	erson, plus insu	rance premium if taken.)
I would like assista <i>Please do not book</i>					 is a guaranteed departure.
Deposit and insurar payment of \$1000.00 a				. You will be in	voiced for an interim
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If traveling alone, is a S	SINGLE ROOM REC	QUIRED? YES	NO		
If sharing, what is your	r bed preference: twin	(2 beds)	double	e (1 bed)	?
SPECIAL REQUIREM please list any dietary i cannot ensure requests	requests, allergies, an	y special physical nee	eds or frequent		
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Card number			EXP	CVV	
"I/we agree to the term any special requests an Date	d included payment".				

Please forward this completed and signed form, copy of passport and payment to:

PAUWELS TRAVEL BUREAU LTD.

15 Egerton Street, Brantford, Ontario N3T 4L4

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